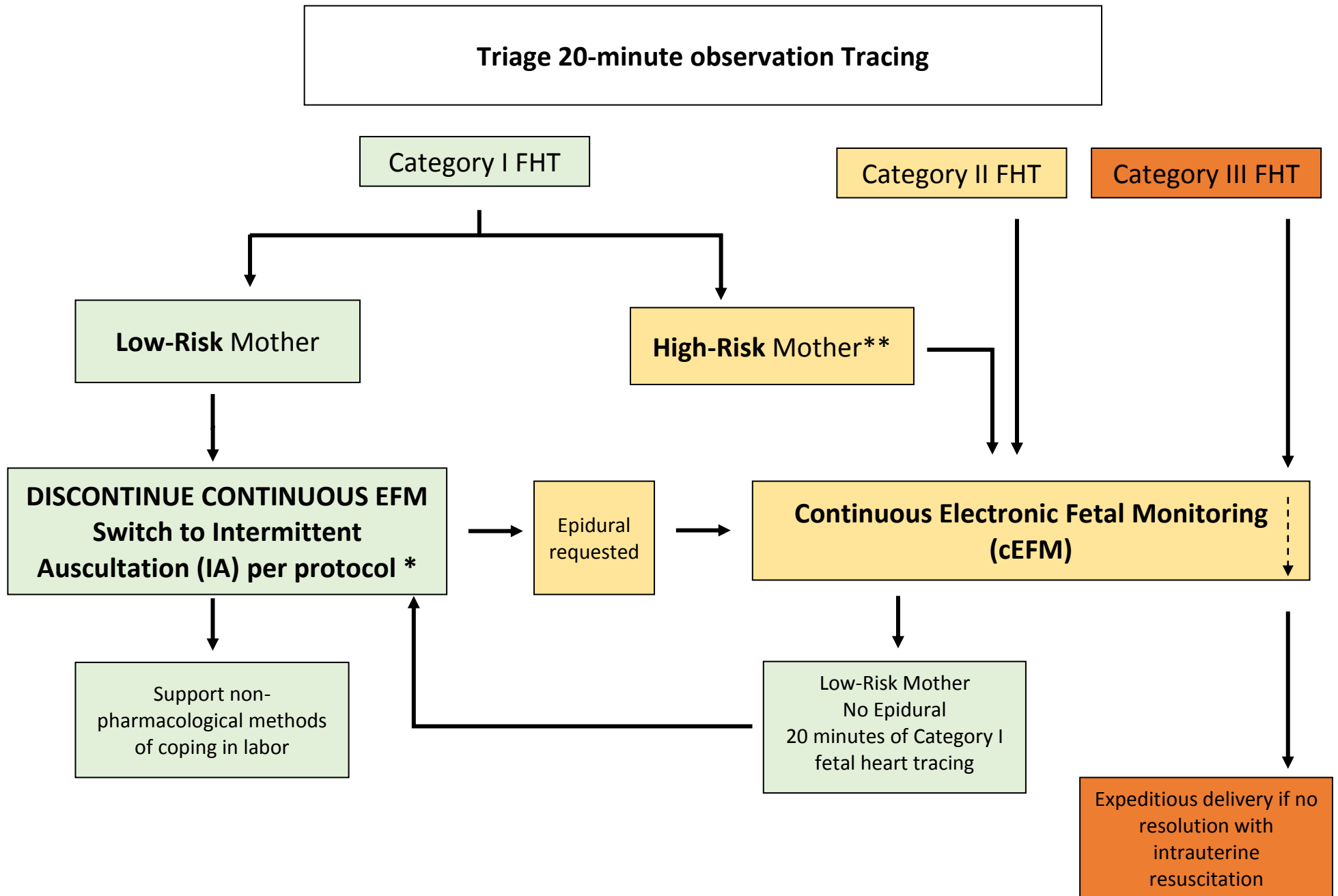


# HIGHLAND HOSPITAL OB TRIAGE FETAL MONITORING ALGORITHM



\*See MCH Fetal Monitoring Policy

\*\*See box High Risk Conditions – Contraindications to IA

# HIGHLAND HOSPITAL OB TRIAGE FETAL MONITORING ALGORITHM

## Low-Risk Patient

- Category I FHR strip on admission
- Gestation 36- 42 weeks
- Vertex presentations
- Singleton pregnancies
- No maternal/fetal exclusionary factors (per policy)
- No IP risk factors (per policy )
- Not on pit, not on epidural, no prostaglandins within 2 hours.

## High Risk Conditions – Contraindications to Intermittent Auscultation

- a. Meconium
- b. Maternal fever
- c. Hypertensive disorder on medication
- d. Vaginal bleeding in excess of bloody show
- e. History of previous stillbirth
- f. Intrahepatic cholestasis of pregnancy
- g. Prior cesarean section
- h. Multiple gestation
- i. Non-vertex presentation
- j. Diabetes requiring medication
- k. Documented IUGR <10<sup>th</sup> percentile
- l. Active drug use
- m. Maternal medical disease
- n. Oligohydramnios or polyhydramnios
- o. Decreased fetal movement
- p. Prematurity < 36 weeks
- q. Post maturity >42 wks
- r. IVF conceived pregnancy
- s. Fetal heart block
- t. Known congenital anomaly

\*See MCH Fetal Monitoring Policy

\*\*See box High Risk Conditions – Contraindications to IA